

Volume 3, Issue 1

March 2008

Nye County Emergency Services



If you have not visited yet...

Please come and visit us at our new facility @ 1510 E. Siri Lane. Spring is here and the tree's are starting to bloom. The tree memorial for lost loved one's is going to be wonderful.



Stand by on the new race track



As the new race track in Amargosa opened, Nye County Ambulance is proud to support the track with stand by ambulance service.

"Volunteer Responder Incentive Protection Act (VRIPA) Signed into law" National Volunteer Fire Council (NVFC) reports: "On December 20, President Bush signed the VRIPA into law. The NVFC previously reported that VRIPA had been passed by the United States House of Representatives and the United States Senate. VRIPA provides tax relief to volunteer firefighters and EMS who receive benefits from state and local units of government." For more information: www.nvfc.org

Volunteers wanted...

Fire, HAZMAT, EMS and
Animal Control Dispatch...

(775) 751-4279

If you would like to become a volunteer for the County and enjoy the camaraderie of a EMS/Fire/HAZMAT team or if you would like to be an Animal Control Dispatcher. Please call our office:

(775) 751-4279

What is a Volunteer? According to Wikipedia: "A Volunteer

..... is someone who works for free [for a community](#) or for the benefit of [natural environment](#) primarily because they choose to do so. The word comes from Latin, and can be translated as "will" (as in doing something out of ones own free will). Many serve through

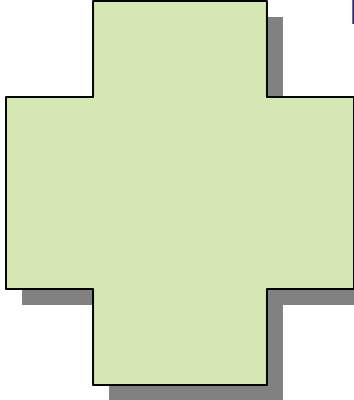
a non-profit organization – sometimes referred to as formal volunteering, but a significant number also serve less formally, either individually or as part of a group.

By definition, a volunteer worker does not get paid or

receive compensation for services rendered other than reimbursement for out-of-pocket expenses."



For the excellent service all of you volunteers provide for our Community!



Patty Winters reports:

Northern Instructor Class.

Five students completed the class.
They did GREAT!

Congratulations to:

Everett Jay
Stephen Sampson
Chelle Stratford
Jeri Woods
Pat Gianonatti

Southern Instructor Class

Southern Instructor Class produced nine new instructors.
WOW! Great group - most had experience in instructing.

Congratulations to:

Shari Fritz
Patrick Gianonatti
Ryan Thodes
Karl Scheuermann
Hal Waltz
Martha Wehrly
Mark Wehunt
Loren Weirich
Tony Wright



Chelle Stratford gives her presentation on patient confidentiality.



Jeri Woods gives her 30 min presentation.

Upcoming EMS Trainings:

EMS 24-7:

Most stations are up and running with the new CEU program and the feedback from many of you is positive. We hope that this facilitates gaining CEU's in a more convenient way.

LAPTOPS:

We will soon be scheduling the installs for the new laptops. The logistics of the laptop installs and the wireless internet has been quite the process, I know that it will be well worth it.

Beatty:

May 2 & 3:
Pediatric Pre-hospital
Provider Classes.



Tonopah:

April 25 & 26:
Pediatric Prehospital
Provider Classes.

Tonopah:

March 7:

EMT Basic class begins. This class is already shaping up to be a great class. We have some old faces returning.



Martha Wehrly demonstrates helmet removal on a non-trauma patient.



Marty & Ryan do research and work on their presentations.

Jim Medici reports:

The purpose of this article is to teach and reinforce the importance of proper lifting in our workplace in order to prevent tragic accidents. In particular, it deals with the proper way to transport heavy boxes.

Many people think that back injuries are the result of one wrong move or one wrong lift, when in fact back injuries typically result from years of abuse that cause the back to weaken until one day an injury occurs.

Poor posture can result in a weakened back. Evaluate your posture when you are sitting, standing, laying down, walking, lifting, reaching, etc. Make sure you maintain your back's natural curves in all situations.

An unconditioned back can result in back pain. This usually occurs when someone that normally doesn't use their back at work for physical labor becomes a "weekend warrior" and takes on a home project that requires a lot of lifting or other back strain. This person will suffer pain because their unconditioned back is not used to the strain they placed on it.

- A "pot belly" puts constant stress on the back that will gradually weaken the back and result in pain or injury.
- Poor lifting techniques, such as bending or twisting will also result in sudden back pain or injury.
- And finally, a major cause of back injury is not asking for help. Workers who try to lift too much often end up with a back injury. It's important to get assistance, either with a mechanical aid or from a co-worker, when dealing with heavy or awkward loads.

Position your feet a shoulder-width apart and place them as close to the object as possible.

Make sure you have good footing so your feet do not slip when lifting. Squat down next to the object by bending at your knees and hips.

Pull the load close to your body. When the object is close against your body, most of the weight of the object is supported vertically by your spine. However, if the load is held away from your body, then both vertical and horizontal forces are applied to your spine. Your spine cannot carry horizontal forces very well. Get a firm grip on the object. You do not want it to slip or drop. Tighten your stomach muscles to help support your back. Rise up with your legs. Lifting your chin up will help prevent your bottom from sticking out and causing you to lift with your back instead of your legs.

Never lift heavy objects alone:

Always get the help of a co-worker or use mechanical aids if the load is too heavy. Use a two-person approach, with one person directing the lift. Move together, keeping the load level, and unload at the same time. Do not attempt to readjust your grip or catch a falling load. This sudden movement will likely result in some type of injury. Always maintain good back posture.

Think about your back when standing, sitting, laying down, walking, working, etc. Long objects, such as lumber, piping, or long boxes, should be carried over the shoulder, being careful the ends don't hit persons or objects. Bags and sacks should be lifted by grasping opposite ends and propelling your body upwards with your legs. Let the load rest on your hip or your shoulder. Use mechanical aids such as a forklift, dolly, or handcart, when necessary. Do not attempt to lift or carry big and heavy boxes by yourself. Get help. Workers who are big and strong often think that these rules do not

apply to them. However, they have the same potential for a back injury as someone that does not have their muscle strength. Maintain good lifting posture. Keep your back straight and strong at all times.

Do not bend over or twist your back. **If you lose grip of an object, let it fall.** A little damage to a box, container, or other item is nothing compared to a back injury. Attempting to make a quick adjustment in order to hold onto or catch a slipping or falling object will likely result in some type of back injury.

The use of back belts in industry has been a topic of repeated debate. While back belts can help support the back and remind the wearer to maintain correct back posture, there are also drawbacks of regular back belt use. Back belts are often not fitted and worn correctly, which means they are not providing the intended benefits. Workers wearing back belts often think they can lift more weight. A worker who relies on the support of a back belt may lose strength in the muscles that support the back because they are not used as much. This can result in a worker being injured when he does not wear the back belt.

Before doing work that requires lifting, spend 5 minutes to stretch your back, legs, and arms. Stretching at the start of each workday will improve your back's strength and flexibility. Maybe even do a little exercise to warm up your muscles. Begin a regular exercise program to keep your muscles in good condition



Southern HazMat Team Upcoming Trainings/Meetings:

MARCH

Tuesday 4th ~ Team meeting
Tuesday 18th ~ Team meeting

These will be conducted @
Station 51~ 1510 E. Siri Lane

APRIL

Tuesday 1~ Team meeting
Tuesday 15 ~ Team meeting

These will be conducted @
Station 51~ 1510 E. Siri Lane





Contact Information

1510 E. Siri Lane,
Suite 1

We are on the web:

www.nyecountyemergencyservices.net

Send any pictures or comments to:
Tina Landsberry
E-mail: clandsberry@co.nye.nv.us

Director:
Brent Jones
Phone: (775) 751-4279
bajones@nyecounty.net

Animal Control;
1510 E. Siri Lane, Suite 2
Pahrump, NV 89060
(775) 751-6315

FOR TRAINING INFORMATION:

Fire Training:

Jim Medici: (775) 209-0861

e-mail: jmedici@co.nye.nv.us

EMS Training:

Patty Winters: (775) 482-7244

e-mail: pwinters@co.nye.nv.us

New Hire Safety Trainings and Site Specific Trainings:

Jim Medici: (775) 209-0861

e-mail: jmedici@co.nye.nv.us

What I did not know about Animal Control: By Tina Landsberry

When I got the opportunity to Dispatch Animal Control in the mornings, I really did not fully understand what it is the Animal Control Officers do. I now have a much better understanding and would like to share that with you.

The Animal Control Officers (ACO) need to be very good at handling anything that comes their way and expect the unexpected. Not one day is like the other, not one animal or person they come across is like the other. Usually when someone calls Animal Control, they are upset because of something going on with their own animal or other peoples animals. I get many different types of calls. The most common is Dogs Running at large. There are dogs in people's yards, by bus stops and on the road. Unfortunately about half of the time, the dogs have moved on when the ACO gets there and it doesn't really matter how quickly the ACO gets there, when those dogs are running, they move quickly from place to place. I also get calls from upset neighbors of barking dogs, people who has stray cats or dogs on their property, Bob Cats are spotted in peoples yards (I do not get these often, but it happens.) Citizens are worried about their neighbors animals, they are missing their own animals, or there are wild horses on the road, etc. We also get calls from the Sheriff's department to assist them in situations where animals are involved. Sometimes I get calls from Beatty and Amargosa, they have the same issues that we have here in Pahrump.

All in all, the people I talk to are being concerned citizens and most want to help, and we appreciate that. The following are some things I have learned about Animal Control:

1. There are 3 Full time ACO and 1 Temporary Part time ACO.
2. Animal Control is operating 7 days a week.
3. There is an ACO on stand by for life threatening situations 24/7.
4. When an ACO picks up a domestic animal it goes to the Animal Shelter.
5. When an ACO picks up a Bob Cat or other wild animal they take it far out in the Desert and let it go.
6. When there is a large attack or threat, we have "all hands on deck". This means that all the ACO's – sometimes even the one's off duty- as well as part of the Emergency Services Department responds to these calls.
7. There are certain orders as to where the ACO goes. (It is not necessarily a "first come, first serve) If there is a threat to human or animal, they are a priority.
8. The ACO do follow up on previous calls as well as do well checks.
9. Once a week, one officer goes to Beatty and Amargosa.
10. Animal Shelter and Animal Control are two different departments and work independently. The shelter's number is 751-7020.
11. The Animal Control Officers are very knowledgeable, professional and hard working people. It is a pleasure working with them.

If you need to call Animal Control:

We are here Monday- Sunday 8-5 **(775) 751-6315**



A word from Brent Jones, Director

For three years now It has been a pleasure to be a part of Nye County Emergency Services and work with staff and the dedicated volunteers across the county. We have come a long way, but we still have many battles to fight and things to accomplish together. As we enter into the spring and summer months I look forward to continued growth within the services, and development as a unified team working towards one common goal. That goal being providing the best possible services to the citizens and visitors to Nye County. Volunteers and staff are phenomenal assets that go that extra mile to make sure when bad things happen, someone is available to come to your aid. Thanks for all that you do in this very complex arena that we all work within.

Brent Jones