

# CREATING A COMMUNITY OF CARE

**TONOPAH JUSTICE COURT**

*Proudly Presents*



## **ROCHELLE WHELLAMS**

**Tuesday April 10th 11am- 12pm**  
**Tonopah High School Auditorium**

**TAKE A BREAK & JOIN US FOR  
AN *Inspirational* HOUR**

**Public is Welcome!**

*All non-students must check in at the office*

Rochelle has inspired, educated and entertained young adults for over 10 years. She emphasizes the importance of being aware of oneself, choosing a deliberate course of action, and having a “GET TO” (Giving everything to the opportunity) attitude

## **Create a Community People Love**

It starts and ends with how we communicate with ourself and each other  
to create a community where we are BETTER TOGETHER

**NEUTRAL EXCHANGES DO NOT EXIST-** In every interaction we either add to or take away

**GRATITUDE** - We all need appreciation and gratitude... the best way to receive it is to give it

**NO REGRETS** - what if we lived a life with no “what if’s?”

**CONNECTING DOTS** - Everything happens in life for a reason and when you know “the” reason, you then know “your” reason